



IS YOUR HOME SUICIDE-SAFE?

Take these actions to restrict access to lethal means of suicide.

► Medications

Lock and limit.

3 in 5 teens say prescription drugs are EASY to get from their parents' medicine cabinets.

► Firearms

Remove. Lock.

More than half of all suicide deaths result from a gunshot wound.

► Support

Listen and Act

9 out of 100 high school students attempted suicide in the past 12 months.

► Alcohol

Monitor Closely

Substance use makes youth more likely to choose lethal means, such as guns.

► Poisons

Take Precautions

Intentional exposure to poisons are more likely to result in serious or fatal outcomes.

No means of restriction is foolproof.

If you are concerned about a loved one, seek help:

Northwest Connections Crisis Line: 1-888-552-6642 -OR- 911 in an emergency